

21b NLP (Advanced)

Oct 3 eve (Thu) - Nov 3 eve (Sun) Reg. Fee: ₹ 300/- Course Fee, Food & Accm.: ₹ 5000/-

Fr. Toby SJ

- Neuro Linguistic Programming (NLP) is a powerful tool for work effectiveness and personal transformation.
- We will come to know the preferred system we are accustomed to and use them effectively to connect to people we are dealing with.
- The course will help you to reframe some of your beliefs and reveal and activate the resources in you that are not used now.

22 PUBLIC SPEAKING COURSESept 01 (Sun) (9 am - 5 pm)
Sept 08 (Sun) (9 am - 5 pm)English Mr. Abdulrahman
Malayalam Mr. Dominic Mathew

Reg. Fee: ₹ 300/-

23 PRE-MARITAL / MARITAL TRAINING

(Married for one year)

Sept 18 mon (Wed) - 22 eve (Sun) Reg. Fee: ₹ 300/- Course Fee, Food & Accm.: ₹ 3500/-

Mr. Dominic Mathew

- Truly understanding what marriage is, so you are sure it is right for you, and when is the right time.
- Knowing for sure your partner is the right one for you.
- Prepares you with the specialized skills and knowledge required to succeed.
- Simple, Easy, Practical programme to achieve ever expanding love and harmony.

24 ADOLESCENT - PARENTING

(Residential)

Oct 05 mon (Sat) - 06 eve (Sun) Reg. Fee: ₹ 300/- Course Fee, Food & Accm.: ₹ 1500/-

Dr. Lizy James & Mr. M.P Joseph

- Two day residential training programme for parents with adolescent children.
- Helps parents to navigate the challenging years of adolescence when they need their parents more than ever.
- Tips on how to provide a positive family environment which includes fun activities, open parent-child communication and participation in extracurricular and community activities.

25 SEMINAR ON SOCIAL MEDIA

"Youth & Social Media"

Oct 20 (Sun) (9 am - 5 pm)

Course Fee & Food : ₹ 300/-

Mr. Abraham Mathew**26 INTEGRATED TRAINING IN COUNSELLING & SCHOOLS OF PSYCHOLOGY**

(One Month Certificate Course)

Nov 01 eve (Fri) - 30 eve (Sat) Reg. Fee: ₹ 1000/- Course Fee, Food & Accm.: ₹ 15000/-

Fr. Jose Thachil SJ & Team

- To acquire self awareness and skills in counselling, leadership and formation.
- The group therapy heals oneself.
- Course on Self Esteem, empowers you and gives confidence. REBT, TA, NLP, maturity, Conflict Management, anger management, fear therapies, Self-esteem, Meditative therapies will be introduced.
- Theoretical inputs and intense practical sessions and workshops on counselling skills make you a confident counsellor.
- Persons who are either actually engaged in or are destined for formation, like masters/mistresses of candidates/postulants/novices/juniors; spiritual directors/directresses, pastors, superiors, teachers and social workers will find this course helpful.
- To register for this programme kindly ask for separate application form; see www.srckerala.com / contact SRC office.

27 INNER CHILD WORKSHOP

Nov 9 eve (Sat) - 12 eve (Tue)

Reg. Fee: ₹ 300/- Course Fee, Food & Accm.: ₹ 3000/-

Fr. Joe Kottlinal SJ

- Contact your inner child and set it free; learn to tap the energies locked up within you.
- Discover your vulnerable child, angry child, nurturing parent and finally your Creative Spiritual Child.

28 CHILDREN'S DAY PROGRAMME

(1-10 Class)

Nov 17 (Sun) (9 am - 5 pm)

Reg. Fee: ₹ 50/-

29 BE A WINNER

Dec 27 eve (Fri) - 28 eve (Sun)

Reg. Fee: ₹ 300/- Course Fee, Food & Accm.: ₹ 3000/-

Fr. Jose Thachil SJ & Sr. Gracy Thomas

- Energy-enthusiasm-packed programme includes Eco Sensitivity, Art and Theatre Workshop, Leadership skills, Memory skills, Communication skills, Learning skills and Psychological assistance that lead to excellence.
- Learn playfully and become better human persons.

30 PSYCHO-SPIRITUAL INTEGRATION & INNER HEALING RETREAT

May 02 eve (Fri) - 13 eve (Mon)

Aug 23 eve (Fri) - 30 eve (Fri)

Reg. Fee: ₹ 300/-

Course Fee, Food & Accm.: ₹ 4500/-

Fr. Jose Thachil SJ

- Challenges the participants to face their past and their shadows and bring forth an integration leading to healing which is empowered with deep spiritual quest. Guided meditations, counselling, life-awareness drawings and personal group therapy will lead the participants to an integration of the whole self with spiritual depth.

31 WORKSHOP ON TRANSFORMATIONAL LEADERSHIP

April 25 mon (Mon) - 01 eve (Wed)

Reg. Fee: ₹ 300/- Course Fee, Food & Accm.: ₹ 2500/-

Fr. Dr. John Chathanatt SJ

- Aims to equip people with knowledge and skills to become empowering and collaborating leaders who can transform oneself and others, in accordance with the leadership style of the prophets of the Old Testament, of Jesus, Ignatius Loyola, Francis of Assisi, St. (Mother) Theresa and so on.
- Helps in translating visions and intentions into reality through collaborative effort.
- Learns how to inspire rather than order, how to transform rather than exercise power..



SRC
Fr. Jose Thachil SJ, Director
Mob : 9495325314 tvjosesj@gmail.com

Psychic-Spiritual-Social
Integration

Fr. Rubil Martin SJ, SRC Animator
Mob : 9013066042 srccanimator@gmail.com

Jeevika - Migrant Outreach Services organize programs & services that would improve the living and working conditions of the migrant workers in the state and contribute to their welfare and integration to Kerala culture.

Counselling Centre (for individuals & families) offers you opportunity to work towards a satisfying and resourceful experience of life through the development of personal insights and knowledge, working through feelings of inner conflict, improving relationship with others, to cope up with every day life, family issues, stress, anxiety and psychological trauma.

Psycho-Spiritual-Social Integration programs provide care and support for those in need of psychological integration and spiritual liberation. Personal Growth Workshops, courses integrating psychology, social awareness and analysis, Leadership Training Workshops and Seminars are its main focus.

SRC welcomes all people of good will who want to contribute to the common good of humanity to make use of our facilities for training. It's a perfect location for retreats, seminars and training programs combining urban green space and geographic accessibility. For receiving counselling or doing directed retreats or to conduct programmes, please contact the SRC Office.

STORM**SOCIAL TRANSFORMATION ORIENTED RADICAL MOVEMENT**

STORM is intended to spread the message of love and universal brotherhood to all people of Kerala, irrespective of caste, class, colour, religion & sex.



SRC is on the Kozhikode-Wayand Road, at Malaparamba Junction (5 Kms). Buses & Auto Rickshaws are available from the Railway Station, KSRTC & Mananchira Bus Stations. Get down at IQRAA HOSPITAL stop & walk towards Malaparamba Junction. On your left is the Christ Hall gate.

SRC OFFICE TIME : 9.00 a.m. to 5.00 p.m.**At the Christ Hall Campus**

A Lush Green spacious campus providing a calm quiet refreshing space adjacent to the bustling Kozhikode city streets.




2019 Socio-Religious Centre (SRC)

A Jesuit Centre for Healing,
Personal Growth &
Social Intervention

**NLP/REBT/Inner Child Workshop**

Seminar on Social Media
Training in Counselling
Life Skill Training
Summer Camps
STORM

SELF-ESTEEM
Marital Training
CAREER GUIDANCE
Children's Programme
Parenting Workshop
Public Speaking Course
Personal Growth Workshop
Training of Trainers (TOT)
Ignation Directed Retreat
Accounting Skills Update
Life-Script Workshop
Pastoral Training
Superiors & Formators Training
Psycho-Spiritual Integration & Healing

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www.srckerala.com
srkdir@gmail.com / srcnitiatives@gmail.com

SRC PROGRAMMES - 2019		
JANUARY	Programme	No.
03 - 06	Accounting Skills Update (For Religious & NGO)	01
12	Parenting Workshop (between age Group 0-5)	02
20 - 30	Training in Retreat Direction	03
FEBRUARY		
05 - 12	Personal Growth Workshop	04
08 - 10	Self-Esteem	05
09 - 10	TA Basic	06
15 - 17	Training on Migrant Outreach Services	07
MARCH		
08 - 13	Superiors Training	08
21 - 24	Capacity Building for Social Workers	09
25 - April 25	One month Ignatian Retreat	10
APRIL		
9 - 13	Pastoral Training for Seminarians (Diocesan)	11
12 - 19	Personal Growth Workshop	04
12 - 20	Ignatian Holy Week Retreat (English)	15
23 - 25	Summer Camp (Class - 11)	12
26 - 29	Summer Camp (Class - 10)	12
29 - May 01	Summer Camp (Class - 9)	12
29 - May 01	Workshop On Transformational Leadership	31
MAY		
02 - 04	Summer Camp (Class - 8)	12
03 - 13	Psycho-Spiritual Integration & Inner Healing Retreat	30
05 - 07	Summer Camp (Class - 7)	12
08 - 10	Summer Camp (Class - 6)	12
11 - 13	Summer Camp (Class - 5)	12
17 - 27	Spoken English Camp	13
17	Career Guidance Seminar	14
17 - 25	Ignatian Directed Retreat	15
JUNE		
02 - 06	Formators' Training	16
08 - 11	Life Skill Training	17
29 - 30	Life-Script Workshop	18
JULY		
June 29 - July 06	Personal Growth Workshop (English)	04
11 - 14	NLP Basic	21
AUGUST		
03 - 04	Resource Person's Training TOT (STORM)	19
10 - 12	Theatre Workshop	20
17 - 18	Training of Trainers (STORM)	19
23 - 30	Psycho-spiritual integration & Inner Healing Retreat	30
SEPTEMBER		
01	Public Speaking Course (English)	22
08	Public Speaking Course (Malayalam)	22
09 - 16	Personal Growth Workshop	04
18 - 22	Pre-marital / Marital Training (Married for 1 yr.)	23
OCTOBER		
05 - 06	Adolescent - Parenting (Residential)	24
06 - 13	Ignatian Directed Retreat	15
20	Youth & Social Media (Seminar)	25
Oct 31 - Nov 03	NLP (Advanced)	21
NOVEMBER		
01 - 30	Integrated Training in Counselling	26
04 - 11	Personal Growth Workshop	04
02 - 04	Self-Esteem	05
09 - 12	Inner Child Workshop	27
17	Children's Day Programme (LP and UP section)	28
DECEMBER		
16 - 23	Ignatian Directed Retreat	15
21 - 22	Training of Trainers (TOT for STORM)	19
27 - 29	Be a Winner (Workshop For Students)	29

1 ACCOUNTING BASICS & SKILLS UPDATE WORKSHOP

(For Religious Org Treasurers/Superiors/Leaders & NGOs)

Jan 03 morn (Thu) - 06 eve (Sun) Reg. : ₹ 300/- Course Fee, Food & Accm. : ₹ 4,000/-

Fr. Jose Thalparambil SJ & Team of experts

- Designed for both rookie accountants starting from basics and veterans who needs updating.
- Helpful for all those who deal with accounts in Charity organizations and NGO's.
- Helps you keep updated about the latest legislations in the field of accounting.

2 PARENTING WORKSHOP

(for parents of children between age Group 0-5)

Jan 12 (sat) (10 am - 5 pm) Course Fee, Food : 200/-

Mr. Dominic Mathew, Fr. Jose Thachil SJ & SRC Team

- Helps parents to understand the world of children.
- Enables participants to cope up with their children's Growth-Process with a vision.

3 TRAINING IN RETREAT DIRECTION

Jan 20 eve (Sun) - 30 eve (Wed) Reg. Fee: ₹ 300/- Course Fee, Food & Accm. : ₹ 7000/-

Fr. Varghese Malpan SJ

- Train persons who have made Directed Retreat to "give" Directed Retreat to others.
- On Spiritual Accompaniment/Direction during the Retreat.
- Interactive Exercises on "Life Situations".
- Exercises on Listening Skills/Role Plays.
- On Selecting Scriptural Passages for the Retreat and giving points.
- Preparing and presenting a Retreat Outline, Dynamics of the Interview with the Retreatant.
- Giving a Retreat under supervision.

Requirements:

- To have made the "Directed Retreat" at least once. (strictly necessary).
- Capacity and readiness to share at 'personal level' with the members of the group.
- To write a paper (2500 words) on a theme in consultation with the guide.
- Committed to follow the programme till the end.

4 PERSONAL GROWTH WORKSHOP

Feb 05 eve (Tue) - 12 eve (Tue) Sept 9 eve (Mon) - 16 eve (Mon)

Apr 12 eve (Fri) - 19 eve (Fri) Nov 4 eve (Mon) - 11 eve (Mon)

June 29 eve (Sat) - July 6 eve (Sat) (English)

Reg. Fee : ₹ 500/- Course Fee, Food & Accm. : ₹ 5000/-

Fr. Jose Thachil SJ

- Aims at integral growth & inner healing of the person.
- Helps those who want to look critically into their thoughts, feelings and behaviours.
- Gives opportunities for one to challenge oneself and change what needs to be changed.
- Sharing, analysis & therapy will be done in group & individually.

എഴുതിയിരിക്കുന്ന വിഷയം എന്താണോ അത് അതിനുള്ള പ്രയത്നം എടുക്കുക.
എന്ന വിഷയം എന്താണോ അത് അതിനുള്ള പ്രയത്നം എടുക്കുക.

5 SELF ESTEEM

Feb 08 morn (Fri) - 10 eve (Sun) Nov 02 morn (Sat) - 04 eve (Mon)

Reg. Fee: ₹ 300/- Course Fee, Food & Accm. : ₹ 2500/-

Fr. Ephrem Thomas SJ

- Helps to appreciate your self-worth.
- Enables to revise your self-image & raise your self-esteem.
- Enables you to function more effectively on personal, social and workplace relationships.
- Ideal programme for those who want to succeed in life.

താഴെ പറയുന്ന വിഷയം എന്താണോ അത് അതിനുള്ള പ്രയത്നം എടുക്കുക.

6 TA BASIC COURSE

Feb 09 morn (Sat) - 10 eve (Sun) Reg. Fee: ₹ 300/- Course Fee, Food & Accm. : ₹ 2000/-

Mr. V.V Stephen MTA, MBA, MSc (Psy) & Fr. Jose Thachil, SJ

- Helps to understand the core of oneself.
- A foundation course in Transactional Analysis which gives a clear and crisp understanding.

- Assists the participant for personal growth and creative interpersonal and social life.
- Helps to heal your life and enhance your relationships at home, work & society.
- Helpful in Organizational development.

7 TRAINING ON MIGRANT OUTREACH SERVICES

Feb 15 eve (Fri) - 17 eve (Sun) Reg. Fee: ₹ 300/- Course Fee, Food & Accm. : ₹ 1500/-

Sr. Gracy SCN (Coordinator)

- A gathering of those who are interested in the welfare of migrant workers in Kerala.
- Discussion on best practices, effective ways and means to reach out to migrants in their respective areas.
- Facing challenges by collaboration and Networking, Volunteers training.

8 SUPERIORS TRAINING

Mar 08 eve (Fri) - 13 eve (Wed) Reg. Fee: ₹ 300/- Course Fee, Food & Accm. : ₹ 4000/-

Frs. Jose Thachil SJ, Reji Kunathath SJ & SRC Team

- Key roles of superiors.
- Handling jealousy, fear, anger, criticism.
- Conflict Management, Financial Management, Counselling, Spiritual Direction and confession, Levels of animation.
- Teaches how to give feedback.
- Practical tips for religious superiors.

9 CAPACITY BUILDING FOR SOCIAL WORKERS

Mar 21 eve (Thu) - 24 eve (Sun) Reg. Fee: ₹ 300/- Course Fee, Food & Accm. Spot: ₹ 4000/- Early birds : ₹ 3500/-

Mr. Dominic Mathew & Team

- Helps social activists to be trained social workers.
- Training sessions on social skills and principles.

10 ONE MONTH IGNATIAN RETREAT

March 25 eve (Mon) - April 25 eve (Thu) Reg. Fee: ₹ 500/- Course Fee, Food & Accm. : ₹ 10000/-

Fr. Jacob Madukakuzhy SJ

- The authentic "Spiritual Exercises" as conceived and practiced by St. Ignatius of Loyola was for a month. The eight days retreat is its abridged form. We offer this one month retreat for those who would like to experience it in its authentic and original form- apostolic-contemplative spirituality.

11 PASTORAL TRAINING FOR SEMINARIANS (Diocesan)

April 9 morn (Tue) - April 13 morn (Sat) Reg. Fee : ₹ 300/- Course Fee, Food & Accm. : ₹ 3500/-

Frs. Jose Thachil SJ, Prince SJ, Reji Kunathath SJ & Team

- The Family of Today.
- The Youth Reality of Today (Youth and Media/Friendship/Social commitment and the role of youth).
- Counselling Skills, Listening Skills, Personality Development, Leadership and Motivation skills, Problem Analysis methods, Giving Feedback, Conflict Management, Maturity, Time Management, Anger Management & Developmental Psychology.
- Spirituality of the Pastors.

12 SUMMER CAMPS

Apr 23 eve (Thu) - 25 eve (Sat) Class - 11

Apr 26 eve (Sun) - 29 eve (Wed) Class - 10

Apr 29 eve (Mon) - May 01 eve (Wed) Class - 9

May 02 eve (Thu) - 04 eve (Sat) Class - 8

May 05 eve (Sun) - 07 eve (Tue) Class - 7

May 08 eve (Wed) - 10 eve (Fri) Class - 6

May 11 eve (Sat) - 13 eve (Mon) Class - 5

Reg. Fee: ₹ 300/- Course Fee, Food & Accm. : ₹ 2000/-

Mr. Dominic Mathew

- A special space for kids to come together and have fun.
- Summer Camp setting provides children opportunity to develop a sense of independence as they try new adventures away from home.
- A safe environment where children gain self confidence by developing new skills. (Eg: Communication, Conflict resolution ability...)

13 SPOKEN ENGLISH COURSE

May 01 eve (Fri) - 27 (Mon) Reg. Fee: ₹ 500/- Course Fee, Food & Accm. : ₹ 7000/-

Mr. Abdulrahman

- Fully residential programme mainly aims at making the participants speak English correctly, both phonetically and grammatically. Plenty of practice sessions.

- Those who have to teach English/Teach in English/work as executives go abroad, will find this course extremely useful and timely.
- Once the course begins, the participants will have to speak English and only English. All must bring a copy of OXFORD ADVANCED LEARNER'S DICTIONARY and a notebook.

14 CAREER GUIDANCE SEMINAR

May 07 (Fri) (9 am - 1 pm) Course Fee, Food & Accm. : ₹ 250/-

Mr. Jamaludheen

15 IGNATIAN DIRECTED RETREAT

Apr 12 eve (Fri) - 20 eve (Sat) (English) Fr. Rabih Martin Karlan SJ / Jose Thachil SJ

May 17 eve (Fri) - 25 eve (Sat) Fr. Varghese Anilakuzhy SJ

Dec 16 eve (Mon) - 23 eve (Mon) Fr. Joe Pulickal SJ

Reg. Fee: ₹ 300/- Course Fee, Food & Accm. : ₹ 4000/-

- Retreatant will be given personal guidance in each of the Ignatian Retreats.
- Most welcome to make retreats personally or in groups.

ഓരോ റിട്ടയറന്റിന് അനുസരിച്ചു കണ്ടാലും സ്വതന്ത്ര റിട്ടയറന്റ് അഭ്യർത്ഥിക്കാവുന്നതാണ്. എന്നാൽ റിട്ടയറന്റ് എടുക്കുന്നതിന് മുമ്പ് തയ്യാറെടുപ്പേണ്ടതുണ്ട്. കർമ്മ റിട്ടയറന്റ് അല്ലെങ്കിൽ ഇതര റിട്ടയറന്റ് റിട്ടയറന്റ് എടുക്കുന്നതിന് മുമ്പ് തയ്യാറെടുപ്പേണ്ടതുണ്ട്. റിട്ടയറന്റ് എടുക്കുന്നതിന് മുമ്പ് തയ്യാറെടുപ്പേണ്ടതുണ്ട്. റിട്ടയറന്റ് എടുക്കുന്നതിന് മുമ്പ് തയ്യാറെടുപ്പേണ്ടതുണ്ട്.

16 FORMATOR'S TRAINING

June 02 eve (Sun) - 06 eve (Thu) Reg. Fee: ₹ 300/- Course Fee, Food & Accm. : ₹ 3500/-

Frs. Jose Thachil SJ & team

- This workshop will help formators and superiors to form and to relate with the formees more effectively.

17 LIFE SKILL TRAINING

June 08 eve (Sat) - 8 eve (Tue) Reg. Fee: ₹ 300/- Course Fee, Food & Accm. : ₹ 3500/-

Fr. Jose Thachil SJ

- The three day intensive training programme on Life Skills.
- Designed to help the Participants to be aware of themselves, to identify the stressful factors in their lives and tackle them.
- We also orient them for self development and effective leadership through a positive mental attitude to life.

18 LIFE-SCRIPT WORKSHOP

(for those who have attended TA&OT)

June 29 eve (Sat) - 30 eve (Sun) Reg. Fee: ₹ 300/- Course Fee, Food & Accm. : ₹ 2000/-

Mr. K.A Sebastian

- Helps to uncover the 'early decisions, made unconsciously, as to how life shall be lived'.
- Aids an individual to gain autonomy by recognizing the script's influence on values, decisions, behaviours, thereby becoming 'script free' person who is autonomous.

19 TRAINING OF TRAINERS (TOT of STORM)

Aug 03 eve (Sat) - 04 eve (Sun)

Aug 17 eve (Sat) - 18 eve (Sun)

Dec 21 eve (Sat) - 22 eve (Sun)

Reg. Fee: ₹ 300/- Course Fee, Food & Accm. : ₹ 2000/-

Mr. Dominic Mathew, Fr. Jose Thachil & SRC Team

- Training Programme to train Resource persons for STORM (Social Transformation Oriented Reform Movement).
- Anyone interested in Social Transformation irrespective of sex, religion and caste.

20 THEATRE WORKSHOP

Aug 10 eve (Sat) - 11 eve (Sun) Reg. Fee: ₹ 300/- Course Fee, Food & Accm. : ₹ 2000/-

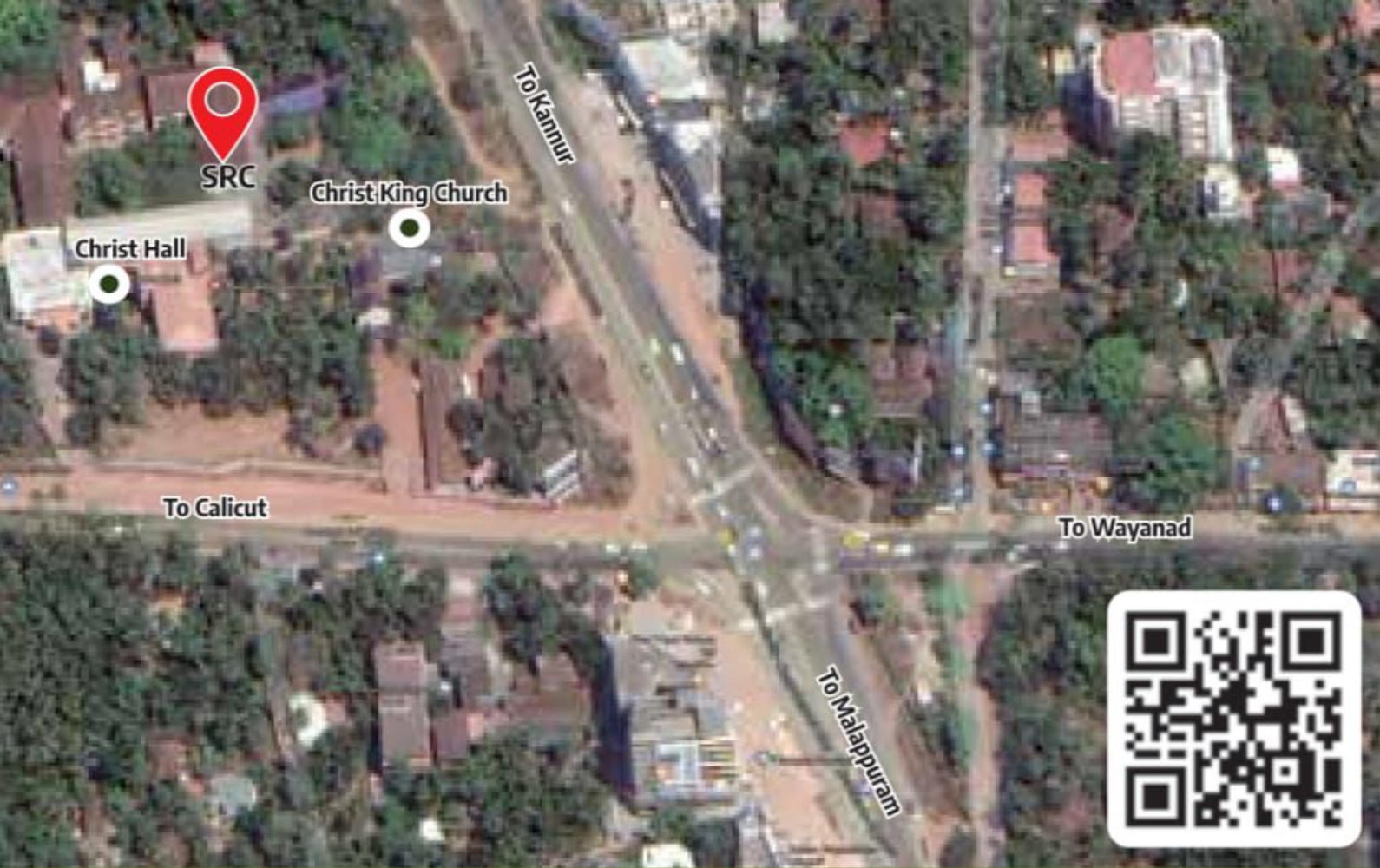
Fr. Sheise Thomas SJ

- To develop a variety of skills and traits like self confidence, Public Speaking, teamwork, conversation, communication, understanding different viewpoints, flexibility, friendship etc...
- Benefits both children and adults in countless other parts of their lives.
- Drama lessons to make a person more creative.
- Lets one come out of mundane life to enter into the world of imagination.

21.a NLP (Basic)

July 11 morn (Thu) - 14 eve (Sun) Reg. Fee: ₹ 300/- Course Fee, Food & Accm. : ₹ 4000/-

Fr. Toby SJ



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